



## Durham County Carers Support **carers support** Parent Carer Development Workers

**One to one support to help Parents of children with special needs and disabilities with their caring role**

Help to complete child DLA forms

Benefit advice

Applying for grants

Signposting to other support services

Emotional support

Supporting Parent Carers with specific issues in relation to their caring role

### Group Support and Training

Peer Support

Health and emotional well being

Training to increase Parent Carers knowledge and confidence

Parent Carer consultations

### How can Parent Carers access our service?

Register with Durham County Carers Support by calling

0300 005 1213

Contact details for Parent Carer Development Workers

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